

The Three Elements of Cor



Prayer

Every *Cor* gathering includes a time of prayer, helping men form the habit of focusing their minds and hearts on God. This gives depth and life to formation and fraternal brotherhood.



Formation

Men come to *Cor* to become closer disciples of Jesus. Through Bible studies, small group discussions or other formats, we learn from each other how to imitate Christ and follow him on his mission.



Fraternity

In a culture marked by loneliness and isolation, especially among men, *Cor* offers an alternative: Christ-centered brotherhood where in friendship men build each other up to grow in holiness and virtue. This is the foundation of *Cor*.



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Are you ready to support
Cor at your parish?

Please contact:

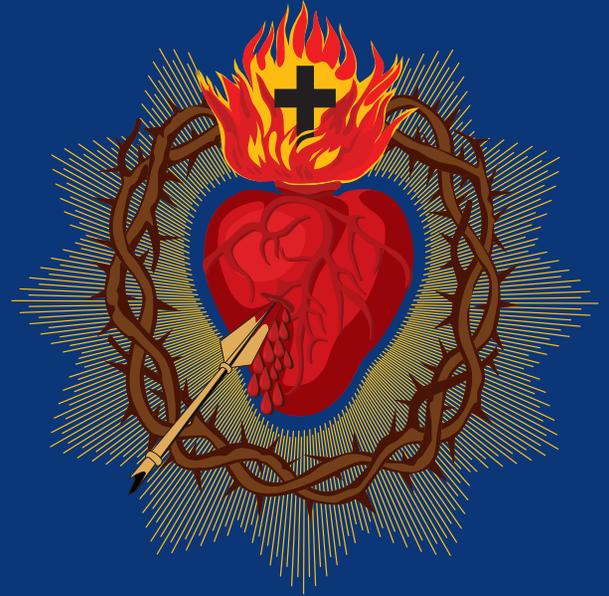
For more information,
visit kofc.org/cor



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Cor

A Guide for Clergy

Knights of  Columbus

What is Cor?

An initiative of the Knights of Columbus, *Cor* gives men the opportunity to build Christ-centered brotherhood through in-person gatherings centered on prayer, faith formation and fraternity. Through *Cor*, men strengthen their interior lives and sharpen each other to be holier sons, husbands, and fathers united in mission as disciples.

Cor is for all men of the parish. Membership in the Knights of Columbus is not required. *Cor* gatherings are separate from council meetings.

Helping men stay close to Christ and his Church was at the heart of Blessed Michael McGivney's mission in founding the Knights of Columbus. Today, we continue that mission in *Cor*.



“Cor can engage younger fathers and men into the life of the parish.”

– Father Rossi, Pastor



What happens at Cor?

Cor usually lasts 60-90 minutes, and while its content and format are flexible, it always includes elements of prayer, formation and fraternity. *Cor* is held at least once a month, although some communities gather more often.

***“Cor ad cor loquitur.
(Heart speaks to heart.)”***

– St. John Henry Newman

***If you get the heart right,
you get the man right.***

Your Role in Cor

All clergy are invited to attend and participate in *Cor*.

If you're a pastor, *Cor*'s presence in your parish will need your permission. However, all logistics are handled by the evangelization and faith formation director of your parish's Knights of Columbus council. He will keep you informed of *Cor* gatherings and welcomes ideas on how you'd like to be involved.

Cor and Your Parish

Cor supports and complements parishes' efforts in evangelization and discipleship. If you're already hosting a men's ministry, Bible study, etc., consider whether *Cor* can:

- Be the natural “next step” when a study session concludes.
- Add elements of prayer, faith formation or fraternity to pre-existing groups.
- Serve a different audience and needs by offering alternate meeting times.

