



Supreme Chaplain's Monthly Challenge for December 2025 *Cor*

Each month, Supreme Chaplain Archbishop William E. Lori selects a brief passage from the Gospel reading of one of the Sunday Masses, shares a reflection on the passage, and issues a challenge for men to live during the month and discuss afterward.

This resource can easily be used for the Formation key element of *Cor*.

GENERAL INSTRUCTIONS:

- 1) Open with the Sign of the Cross and a brief prayer.
- 2) Re-read the Supreme Chaplain's Monthly Challenge with the challenge that was lived during the previous month.
- 3) Open the floor for discussion on what it was like to try and live the previous month's challenge. Every month has a number of *Questions for Reflection* that may help facilitate discussion. Attendees who did not undertake the previous month's challenge can still participate in the discussion.
- 4) When finished with the discussion, read the Supreme Chaplain's Monthly Challenge for the next month to prepare participants for the new challenge they will strive to live.
- 5) Close by asking if there are any intentions and end with a brief prayer.

PREVIOUS NOVEMBER 2025 MONTHLY CHALLENGE:

"You will be hated by all because of my name, but not a hair on your head will be destroyed. By your perseverance you will secure your lives." (Gospel for Nov. 16, Lk 21:17-19)

Jesus promised his faithful disciples many things — that he will always be with us, that we will receive if we ask, and that he would give us rest. He also promised that we would be hated and that we would be persecuted for the sake of his name. We must persevere and remain faithful despite the hardships we suffer for our faith. May we always put into action St. Paul's admonition: "Rejoice in hope, endure in affliction, persevere in prayer" (Rom 12:12).

Challenge by Supreme Chaplain Archbishop William E. Lori: This month, I challenge you to learn more about the lives of the saints by selecting one or more martyrs to read about and then reflecting on how you can imitate his or her perseverance and hope.

Questions for Reflection: Have you ever struggled with hope when life has brought challenges? Have you ever experienced bigotry, rejection, hostility or hatred on account of your Catholic faith? What are some concrete ways you can seek to grow in perseverance to face life's difficulties?

NEXT DECEMBER 2025 MONTHLY CHALLENGE:

"Even now the ax lies at the root of the trees. Therefore every tree that does not bear good fruit will be cut down and thrown into the fire." (Gospel for Dec. 7, Mt 3:10)

In these reflections over the past year, we have meditated on the importance of our faith bearing fruit in good works. In a way, this Gospel passage, quoting St. John the Baptist, might seem out of place during Advent. But throughout this season, we reflect not only on Christ's coming in the incarnation, but also his second coming in judgment at the end of the world. Let us pray and work to ensure we lead truly faithful and fruitful lives as disciples of Jesus.

Challenge by Supreme Chaplain Archbishop William E. Lori: This month, I challenge you to spend some time reflecting on the four last things — death, judgment, heaven and hell — to better prepare yourself for eternity.

For more information on the Supreme Chaplain's Monthly Challenge visit: kofc.org/monthlychallenge