



# Cor

## Formation Content Guide



### Into the Breach



12-part video series on authentic masculinity covering topics such as brotherhood, leadership, suffering, and spiritual warfare. Each session includes video and discussion questions.

12 Sessions for Cor

Videos available at  
[kofc.org/intothbreach](http://kofc.org/intothbreach)

Recommended Material: A/V equipment for videos;  
1 booklet (#11059) for each participant. Booklet free to download.



### Into the Breach: Mission of the Family



5-part video series on the Catholic understanding of the family and its place in the world today. Each session includes video and discussion questions.

5 Sessions for Cor

Videos available at  
[kofc.org/intothbreach](http://kofc.org/intothbreach)

Recommended Material: A/V equipment for videos;  
1 booklet (#11556) for each participant. Booklet free to download.



### Blessed Michael McGivney Cor Sessions



A small group study focused on the life and virtues of Blessed Michael McGivney, founder of the Knights of Columbus. Each session includes readings about the life of Blessed Michael McGivney, group discussion questions, and prayers.

10 Sessions for Cor

Available as a free download at  
[shopcatholicinfo.com](http://shopcatholicinfo.com)



Recommended Material: Print out 1 copy of individual sessions for each participant.  
Make *Guide to Praying the Rosary* (#4772) available (optional).

### Men of the Word Bible Study



A Catholic Bible study for men that offers an opportunity to better understand what it means to be a man today by studying the essential Gospel message of the Bible. Each session includes readings from scripture, discussion questions, and prayers.

12 Sessions for Cor

Supplemental videos available at  
[kofc.org/menoftheword](http://kofc.org/menoftheword)



Recommended Material: 1 booklet (#11443) for each participant OR at least 1 copy per small group. Men should bring their own Bibles. A/V equipment if using videos.

## With a Father's Heart



A small group study guide on St. Joseph and Pope Francis' Apostolic Letter, *Patris Corde*: With a Father's Heart. This includes excerpts from *Patris Corde*, explanations and applications. Each session includes readings, discussion questions, and prayers.

7 Sessions for Cor

Supplemental videos available at  
[kofc.org/patriscorde](http://kofc.org/patriscorde)

Recommended Material: 1 booklet (#610) for each participant. A/V equipment if using videos.



## Sacrament of Charity



A small group study guide on the Eucharist and Pope Benedict XVI's *Sacramentum Caritatis*: The Sacrament of Charity. This book includes excerpts from *Sacramentum Caritatis*, explanations and applications. Each session includes readings, discussion questions, and prayers.

12 Sessions for Cor

Recommended Material: 1 booklet (#612) for each participant.



## Supreme Chaplain's Monthly Challenge



Each month, the Supreme Chaplain selects a Gospel passage and offers a reflection and spiritual challenge. The Monthly Challenge is formatted with instructions so that it can be used in Cor by discussing the previous month's challenge and preparing for the next.

12 Sessions for Cor

Cor resources are available at  
[kofc.org/monthlychallenge](http://kofc.org/monthlychallenge)

Recommended Material: Print out the challenge for each participant.



## FORMED



The *Augustine Institute*'s faith formation video library with a variety of faith formation video series and accompanying discussion guides.

Video and discussion guides for  
more than 50 Sessions of Cor

Access available for free for all Council  
Evangelization and Faith Formation Directors

Recommended Material: A/V equipment for videos.

Print out discussion guides as needed.



## Knights of Columbus Evangelization Video Library



Collection of various videos and discussion guides that can be easily used or adapted for Cor including videos on the Eucharist, Saints, Sacred Scripture, and authentic masculinity.

All videos available at [kofc.org/faithfirst](http://kofc.org/faithfirst)

Recommended Material: A/V equipment for videos.

Print out discussion guides as needed.



[kofc.org/shopcis](http://kofc.org/shopcis)

All physical copies of discussion guides and booklets can be purchased either at [kofc.org/shopcis](http://kofc.org/shopcis) or through the [Supplies Online](#) portal on Officers Online.



[Supplies Online](#)