



Supreme Chaplain's Monthly Challenge for May 2025 *Cor*

Each month, Supreme Chaplain Archbishop William E. Lori selects a brief passage from the Gospel reading of one of the Sunday Masses, shares a reflection on the passage, and issues a challenge for men to live during the month and discuss afterward.

This resource can easily be used for the Formation key element of *Cor*.

GENERAL INSTRUCTIONS:

- 1) Open with the Sign of the Cross and a brief prayer.
- 2) Re-read the Supreme Chaplain's Monthly Challenge with the challenge that was lived during the previous month.
- 3) Open the floor for discussion on what it was like to try and live the previous month's challenge. Every month has a number of *Questions for Reflection* that may help facilitate discussion. Attendees who did not undertake the previous month's challenge can still participate in the discussion.
- 4) When finished with the discussion, read the Supreme Chaplain's Monthly Challenge for the next month to prepare participants for the new challenge they will strive to live.
- 5) Close by asking if there are any intentions and end with a brief prayer.

PREVIOUS APRIL 2025 MONTHLY CHALLENGE:

She said to him, "Yes, Lord. I have come to believe that you are the Messiah, the Son of God, the one who is coming into the world." (Gospel for April 6, Jn 11:27)

These words belong to Martha, sister of Lazarus, as she and Jesus speak outside her brother's tomb. Her choice of words is important: "I have come to believe." This suggests her belief has evolved, that her previous uncertainty or ignorance about Jesus has blossomed into faith. Growing in faith is usually a process of moving from questioning or doubt to illumination and trust. How do we come to faith and then grow deeper in it? We do so through prayer, study and reflection. Let us continually deepen our faith in this manner.

Challenge by Supreme Chaplain Archbishop William E. Lori: This month, I challenge you to take part in a Catholic faith formation course, event or opportunity offered through your local council (such as *Cor*), your parish or diocese, or online.

Questions for Reflection: Looking at the development of your own faith, how have you "come to believe" truths about Christ and/or the Catholic faith? What teachings do you still have questions about? What areas of your faith would you like to develop further? Where can you find resources — or whom can you ask for resources — to help you deepen your faith and understanding?

NEXT MAY 2025 MONTHLY CHALLENGE:

He said to him the third time, "Simon, son of John, do you love me?" (Gospel for May 4, Jn 21:17a)

When, following the Resurrection, Jesus revealed himself to his disciples at the Sea of Tiberias, why did he ask Peter three times whether he loved him? It has often been seen as a penance for Peter's earlier threefold denial of Christ. But perhaps there's something more — perhaps Jesus was pushing Peter to reflect more deeply on what it means to love him. Sometimes, we speak the words "I love you" by rote, without grasping their true meaning. May we always be mindful of what it means to truly love someone and to love as Christ taught us.

Challenge by Supreme Chaplain Archbishop William E. Lori: This month, I challenge you to identify one way you can demonstrate true love of God and neighbor. Then pray about how to concretely undertake that sacrificial act of love — and put it into action.

For more information on the Supreme Chaplain's Monthly Challenge visit: kofc.org/monthlychallenge