



Knights of  
Columbus®

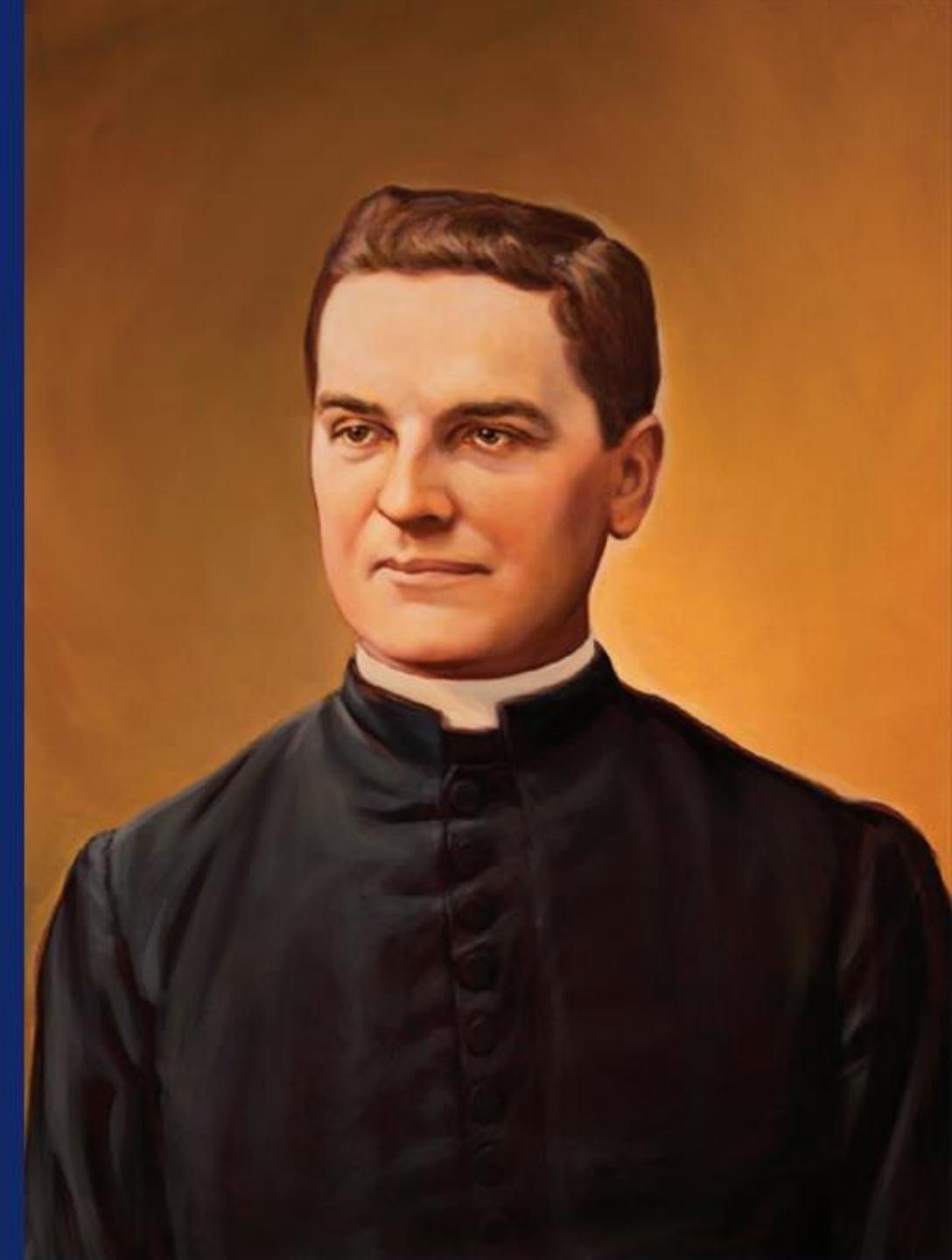
# Faith & Fraternity Foundations for Success

February 20, 2025



# Prayer for the Canonization of Blessed Michael McGivney

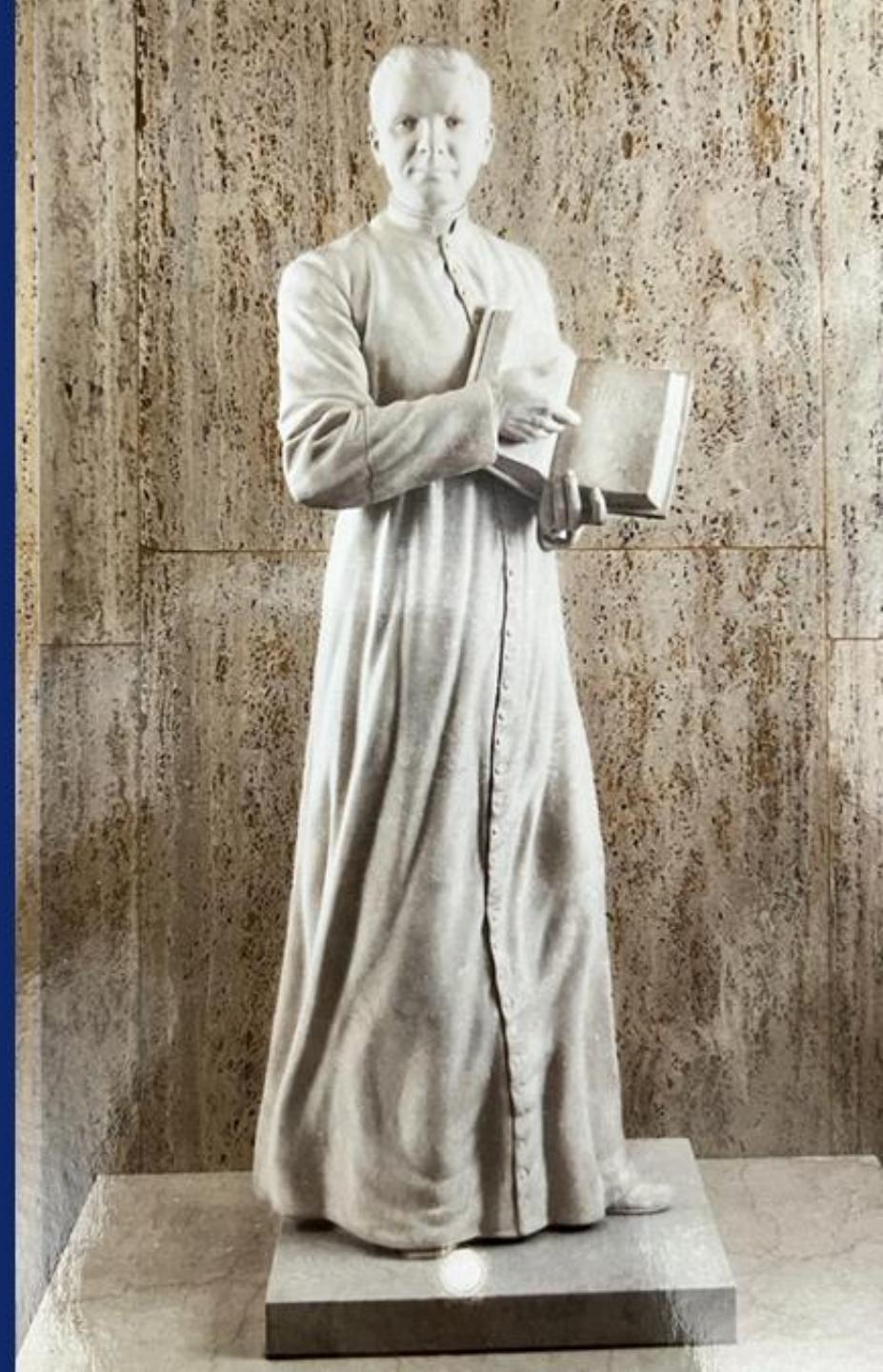
God, Our Father, protector of the poor and defender of the widow and orphan, you called your priest, Blessed Michael McGivney, to be an apostle of Christian family life and to lead the young to the generous service of their neighbor. Through the example of his life and virtue may we follow your Son, Jesus Christ, more closely, fulfilling his commandment of charity and building up his Body which is the Church.



# Prayer for the Canonization of Blessed Michael McGivney

Let the inspiration of your servant prompt us to greater confidence in your love so that we may continue his work of caring for the needy and the outcast. We humbly ask that you glorify Blessed Michael McGivney on earth according to the design of your holy will. Through his intercession, grant the favor I now present (*here make your request*).  
Through Christ our Lord.

Amen.



# Agenda

1

Faith

2

Fraternity

3

Mission



# Our Panelists

## **Darryl Barrios**

*Director of Fraternal Training  
and Communication*

*Deputy Grand Knight  
Council 10  
CT District Deputy  
CT State Life Director*

## **Sean Pott**

*Senior Director of  
Evangelization and Education  
Council 1 EFF Director*

## **Drew Dillingham**

*Director of Programs  
Grand Knight Council 1*



**Get the man right,  
get everything right.**

**“If we get the man right, we get everything right — the marriage, the family, the parish, the community.”**

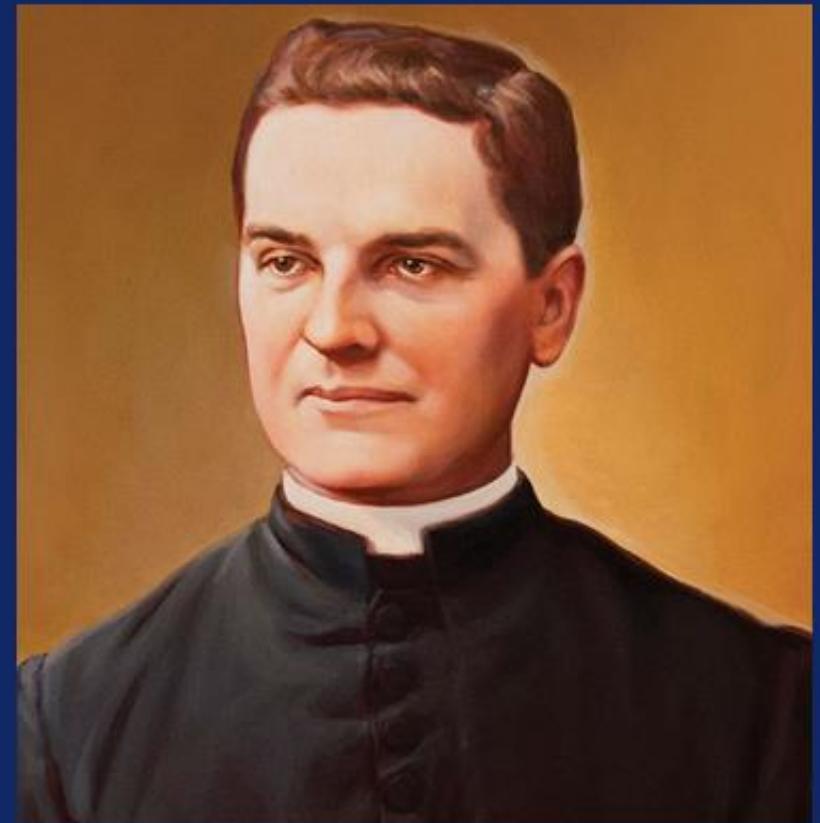
*- Supreme Knight Patrick Kelly*



# Fr. McGivney's Purpose

“It was Father McGivney’s purpose in instituting the Knights of Columbus, to keep the young men of his parish within the household of the faith, to preserve them from the taint of infidelity.... It was his aim to surround his proteges with an atmosphere of religion and to bring them into even closer relationship to Mother Church.”

*- Fr. O'Donnell's Address  
Monday, June 11, 1900*



# What does every Catholic man need?



- ◆ **Prayer:** Active and growing relationship with God
- ◆ **Formation:** Continued formation in faith & virtue
- ◆ **Fraternity:** Brotherhood that strengthens and sharpens holy men and puts their faith into action



# Why are men looking to join?

## Charity

Helping those less fortunate

Having an opportunity to give back

## Faith

Give me a sense of purpose

Enable me to achieve peace of heart

Strengthen my prayer/spiritual life

## Fraternity

A desire for friendship

To become a better father and husband

Enrich my social life

➤ Source: CARA Survey, 1,003 Catholic adult men, 2023



# **Council Proposal**

- 1. How does a council help men grow in their faith?**
- 2. How does a council help men serve their family, parish and community?**
- 3. How does a council build fraternity?**



1

**Faith**



# *Cor* Mission

To help focus Catholic men on Jesus by building ***Christ-centered brotherhood*** through a simple, flexible framework of ***prayer, formation, and fraternity.***



# ***Cor* Vision**

To aid in ***transforming the hearts of men*** through Christ-centered brotherhood. Rooted in prayer, formation and fraternity, men will be sharpened in faith and virtue as they cultivate authentic friendships with Christ and each other.



# **Cor is...**

- ◆ ***Christ centered brotherhood***
- ◆ Intentional and frequent time for:
  - ◆ Prayer
  - ◆ Formation
  - ◆ Fraternity
- ◆ Offered by the council for all men of the parish
- ◆ To build and strengthen them in faith and virtue as they strive to live the mission of their vocational fatherhood and share their faith



## **Poll #1**

**Have you heard of Cor before this webinar?**



# Sacred Heart of Jesus Pilgrim Icon Program

- Holy Hour or Adoration
- Prayers to the Sacred Heart
- Reflections from *Dilexit Nos*
- Involve the entire parish
- Host post-event social



# Home Enthronement of the Sacred Heart

- Deepen your family's faith
- Centers your vocation on Jesus
- Family-friendly prayers
- Involve pastor, family, & friends



# Pilgrim Icon Resources

## (kofc.org/sacredheart)

### Pilgrim Icon Program

**Overview**  
Every few years, the Knights of Columbus select a Catholic icon featuring an image that is particularly edifying to Knights and their communities. Each jurisdiction receives one or several of these icons which travel from council to council and serve as the centerpieces for prayer services in parishes throughout the Order. The current icon in circulation depicts the Most Sacred Heart of Jesus. It is the aim of this program to continue to foster greater devotion to the Sacred Heart among Knights and their communities. More than 191,000 council and parish prayer services with some 23 million participants have been held since the first traveling pilgrim icon of Our Lady of Guadalupe in 1979. For Pilgrim Icon Program resources, visit [www.kofc.org/pilgrimicon](http://www.kofc.org/pilgrimicon).

Additionally, in conjunction with the Sacred Heart Holy Hour, Knights and their families are encouraged to enthronize the Sacred Heart of Jesus in their homes using the enthronement resources mentioned in this guide sheet.

**Action Steps**

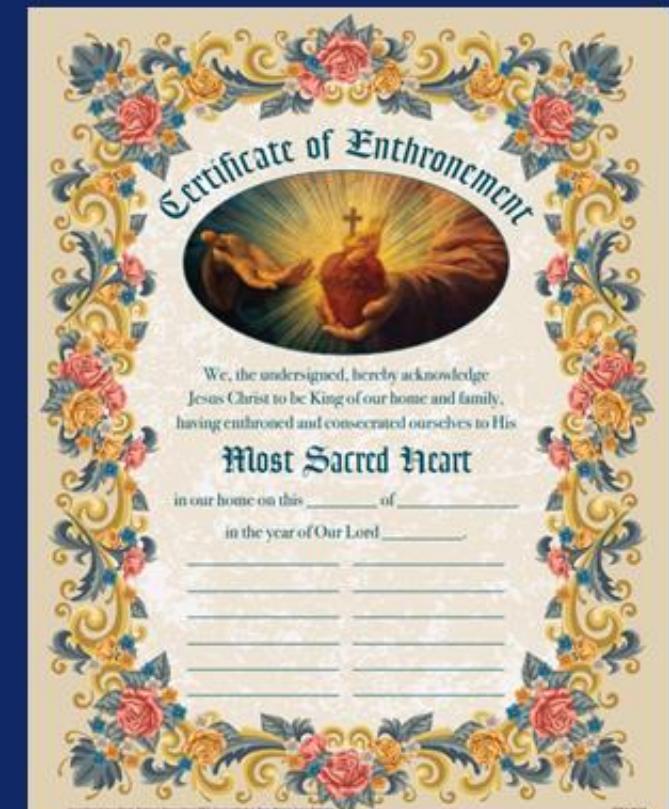
1. Identify a program chairman to oversee all action steps and delegate tasks as needed. If coordinating with the parish, confirm pastor approval with the grand knight, and then set up subsequent planning meetings.
2. Working with your jurisdiction's Pilgrim Icon Program chairman and your pastor, coordinate when your council is scheduled to receive the icon. To identify your chairman, contact your state council or email [fraternalmissions@kofc.org](mailto:fraternalmissions@kofc.org).
3. Determine whether your prayer service will include exposition of the Blessed Sacrament or not. The Sacred Heart Holy Hour Booklet (#5050) can be used for a prayer service with or without exposition.
4. Review the Sacred Heart Holy Hour Booklet (#5050) and identify council and parish members to fulfill the various roles required in the holy hour. Examples include a leader for the readings, such as a member of the clergy or council officer; additional icons; a cantor or choir; and musicians.
5. Accompanying each icon will be a case containing prayer cards, prayer service booklets, posters, and a log book. Working with your jurisdiction's Pilgrim Icon Program chairman, determine if enough booklets remain from previous services. Additional copies of the Sacred Heart Holy Hour Booklet (#5050) and Sacred Heart of Jesus Prayer Cards (#1520) can be ordered through Suppliers Online via [Officers.Offices](http://Officers.Offices).
6. Prior to the Sacred Heart Holy Hour, use the Pilgrim Icon News Release (#1726) as a model to create and distribute a tailored release to your parish, council, and local media.
7. Build public interest for the event! Promote the Pilgrim Icon Program in your parish and larger community through a variety of efforts:
  - Prominently display promotional posters (which can be ordered through Supplies Online)
  - Bulletin announcements

Faith in Action

Faith



### Sacred Heart Holy Hour



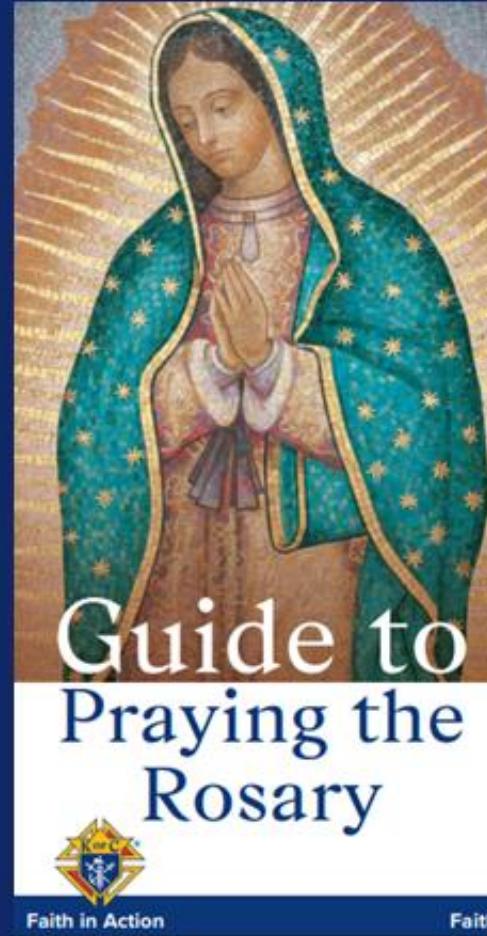
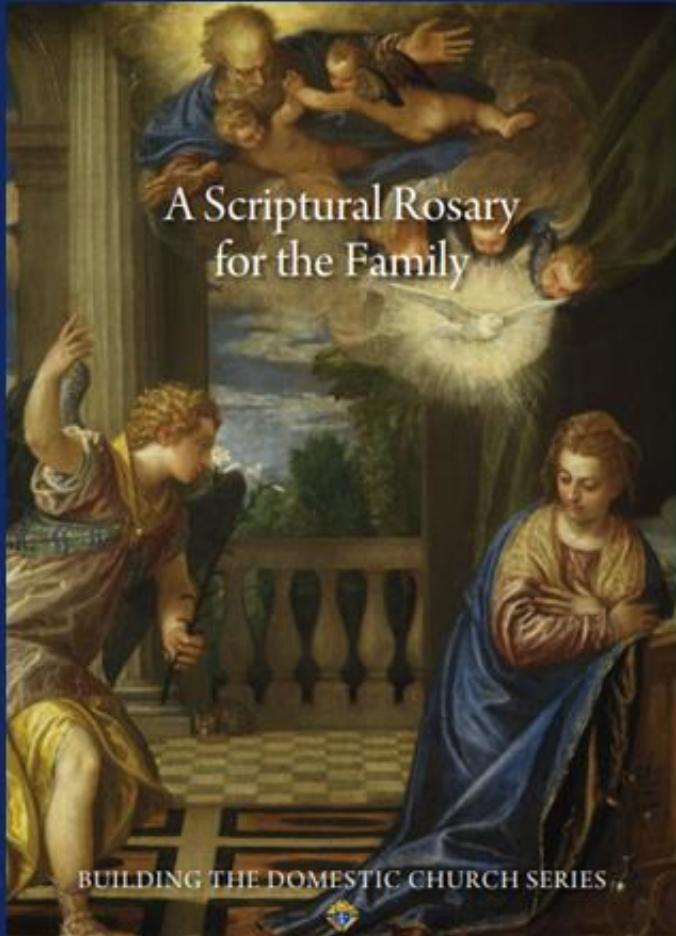
# Rosary Program

## 5 Reasons to Pray

1. 15 Promises
2. Obtain World Peace
3. Reflect on the Gospels
4. Spiritual Healing
5. Prayer Works



# Rosary Resources



# Consecrations

- Means “Association with the Sacred”
- Total gift of oneself
- Sets the foundation for a grace-filled future
- Pray as an individual or group



# Consecration Resources

## Preparing for a Consecration



### How to Prepare

The word consecration literally means "association with the sacred," and as such it requires a much larger commitment than simply reciting a prayer off of a card. To receive the full benefit of intercession, one must cleanse the body, mind and soul.

The decision to consecrate oneself needs to be intentional and a process through which you completely surrender to God. Pope Pius XII described the act of consecration as "a total gift of self, for the whole of life and for all eternity; and a gift which is not a mere formality or sentimentality, but affectual, comprising the full intensity of the Christian life." In light of this, such an act must only be performed in a fully aware and serious manner, after a period of intentional preparation.

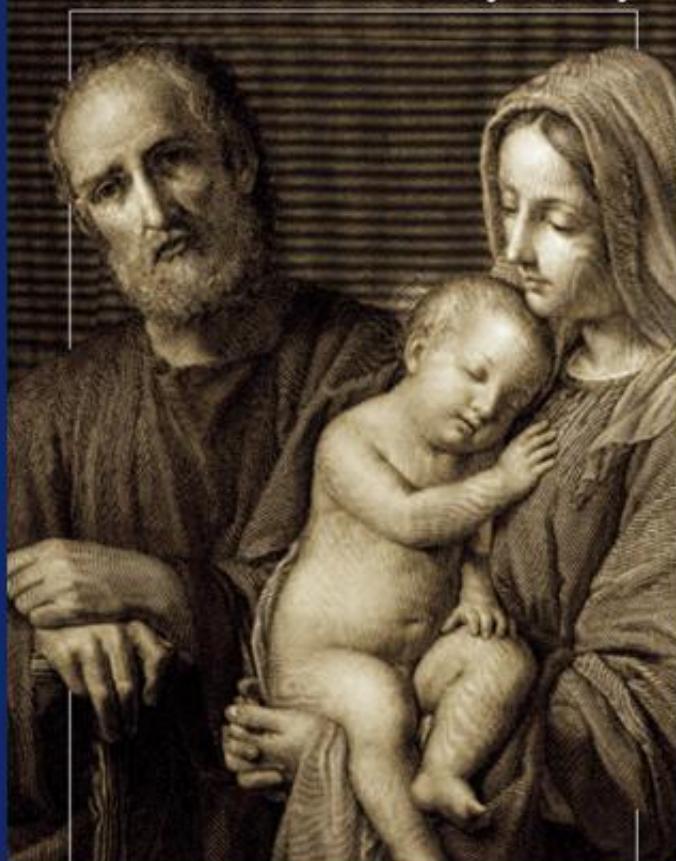
#### Four suggested steps before the act of Consecration:

- 1 Discuss the importance of this consecration with your council. Reflect on what it means and why it is being undertaken. Why, as a group, are you offering this act of dedication and sanctification? Why, as an individual, are you consecrating yourself?
- 2 Receive the sacrament of reconciliation. Consecrating yourself is an act that fills you with the grace of God. To prepare yourself to receive that grace, receiving forgiveness of your sins through the sacrament of reconciliation is an important part of preparation.
- 3 Fasting. This fast should be for at least a week. As our physical bodies are drawn to things of the world, it is strongly encouraged that you fast from something that you would normally do or consume. Fasting helps to discipline our minds and hearts to refrain from secular activities and be more focused on God.
- 4 Prepare for the commitment you are making. This consecration is not a single event. You have chosen a way of life. You are consciously choosing to be a beacon of light of God's love through his Church. In the week before the consecration, prayerfully reflect on what this means and what the ramifications will be on your life.

Faith in Action



### Consecration to the Holy Family



### Consecration to St. Joseph

#### Memorare to St. Joseph

Remember, O most chaste spouse of the Virgin Mary, that never was it known that anyone who implored your help and sought your intercession was left unassisted.

Full of confidence in your power,  
I fly unto you and beg your protection.

Despise not, O Guardian of the Redeemer, my humble supplication, but in your bounty, hear and answer me.

Amen.

#### Act of Consecration to St. Joseph

O dearest St. Joseph, I consecrate myself to your honor and give myself to you, that you may always be my father, my protector and my guide in the way of salvation.

Obtain for me a greater purity of heart and fervent love of the interior life.

After your example may I do all my actions for the greater glory of God, in union with the Divine Heart of Jesus and the Immaculate Heart of Mary.

O Blessed St. Joseph, pray for me, that I may share in the peace and joy of your holy death.

Amen.



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# Catholic Information Service (CIS)

- 75 years of Catholic Evangelization and Catechesis
  - Resources for individuals, groups, & families
  - Available at low or no cost
  - [www.kofc.org/shopcis](http://www.kofc.org/shopcis)



2

Fraternity



# Fraternity through Faith in Action

Faith in Action programs:

1

Bring men (&  
their families)  
together

2

Serve  
others

3

Form men  
through  
experiences



# **Suggested Activities**

- Parish Projects
- Build-A-Bed & Habitat for Humanity
- Food for Families
- Family Prayer Night
- Council Socials



# Parish Projects

**Ask your Pastor what he needs!**

**Common projects:**

## **Faith-Based Ministries**

- Hospitality / Ushering
- Extraordinary Ministers of Holy Communion
- Lectors
- Men's formation - *Cor*

## **Service-Based Support**

- Renovations (painting, sanding, etc.)
- Landscaping
- Church Cleaning



# Build-A-Bed & Habitat for Humanity

## Build-A-Bed

[shpbeds.org](http://shpbeds.org) or [shpbeds.ca](http://shpbeds.ca)



## Habitat for Humanity

[habitat.org](http://habitat.org) or [habitat.ca](http://habitat.ca)



- Hands-on, outdoor activities
- Work together to produce a tangible good for others



# Food for Families

- **Serve and connect with the poor**
- **Volunteer, collect food, donate**
  - Mutual sacrifice of time, talent, treasure
- **Ways to serve**
  - Parish food pantry
  - Community food banks
  - Direct service to individuals



# Food for Families

- **Refund Program**
    - For every \$500 or 1000 pounds donated, Supreme will refund the council \$100
  - **Resources found at [kofc.org/food](http://kofc.org/food)**

# Food for Families

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## Report Form

## Refund Application 20\_\_\_\_ - 20\_\_\_\_

**FORM DUE TO THE SUPREME COUNCIL BY JUNE 30**

<b>*Featured Program Instructions on Page 2</b>	<p style="text-align: center;"><b>IMPORTANT: PLEASE COMPLETE THIS BOX</b></p> <p style="margin-bottom: 10px;"> <input type="checkbox"/> Council   <input type="checkbox"/> Assembly      Council/Assembly No. _____     </p> <p>State/Province _____</p>
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**FORM MUST BE COMPLETED TO BE ELIGIBLE FOR THE FOOD FOR FAMILIES CERTIFICATE  
& FEATURED PROGRAM REQUIREMENTS**

## REFUND INFORMATION

Applications will not be accepted without supporting documentation. Attach copies of canceled checks (front and back) for monetary donations and signed Food Donation Receipts for food donations.

See directives on the reverse side before completing this section

List each contribution of \$500 or more with name, amount and date of check,  
or each contribution of 1,000 or more pounds of food.

### Total hours provided

I AFFIRM THE ABOVE TO BE ACCURATE: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
Grand Knight/Faithful Navigator \_\_\_\_\_ Date \_\_\_\_\_



# Family Prayer Night

- Christian families thrive in *community*
- Bring families together for prayer, fellowship, or service
- Council role is to promote and create a space for participation
  - ✓ Create and promote sign-ups
  - ✓ Ask families to host the event in their homes
  - ✓ Provide resources
  - ✓ Can be offered to families or couples



# Council Socials

- Create opportunities for friendship
- Invite
  - Council Members
  - Men of the Parish
  - Families
- Organize informal or formal events
  - Coffee Hour after Mass
  - Post-Exemplification Pizza Dinners
  - Holy to Happy Hour



## **Poll #2**

**Is your council including spouses, children, and grandchildren in the programs you provide?**



3

**Mission**



# Your Council's Mission

**Serve the needs of men, families, parishes, and communities in the vision of Fr. McGivney**

**Provide programs and activities that:**

- Help men have an active relationship with God
- Continue to form men in their faith
- Provide opportunities for charity & service to their parish & community
- Offer men opportunities to share fraternal bonds and develop lasting friendships
- Offer opportunities for families to come together in faith filled social activities



# Taking Action

- ✓ Has your Grand Knight appointed an Evangelization and Faith Formation Director?
- ✓ Has your council started *Cor* yet? You still have time this fraternal year.
- ✓ Connect or insert Faith Programs to *Cor*
- ✓ Invite men to *Cor* during your programs



# Final Quarter Program Calendar

**March**

Food for Families

**April**

Family Prayer Night  
*(or May)*

**May**

Build a Bed

Habitat for Humanity

**June**

Sacred Heart of Jesus  
Pilgrim Icon Program

Council/Parish  
Socials



# Questions?



# Share Your Success

## State Service Programs Awards

Faith, Family, Life, Community Programs

## State Blessed Michael McGivney Award

Chaplain of the Year

## State Family of the Year Award

Families exemplifying Christian values and service

## Cor Quarterly Survey

Share the progress of Cor

## Cor Testimony

What impact is Cor having?



## Prayer to St. Michael the Archangel

St. Michael the Archangel,  
defend us in battle.

Be our protection against the  
wickedness and snare of the devil.

May God rebuke him,  
we humbly pray,  
and do thou,

O Prince of the Heavenly Hosts,  
by the power of God,  
cast into hell Satan,  
and all the evil spirits  
who prowl about the world  
seeking the ruin of souls.

Amen.





**Knights of  
Columbus®**

**Thank You!  
Vivat Jesus!**