

# Family Prayer Night

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## Overview

Catholics often struggle with the reality that they do not have the opportunity to socialize and/or pray with other faith-filled Catholic families. It can be quite a challenge to raise our children in the faith when their only exposure comes from Mom and Dad. Put plainly, the majority of our time can easily be spent in secular circles unless we intentionally create ways to live out the domestic church.

Family Prayer Night is an opportunity for children to be exposed to regular people living their faith in a casual setting. Families of council members, as well as other Catholic families within the parish and community, will gather for prayer, dinner and fellowship. Multiple groups can be formed and families are encouraged to rotate between these groups. For Family Prayer Night resources, visit [www.kofc.org/prayernight](http://www.kofc.org/prayernight).

## Featured Program Requirements

- *For two program credits toward the Columbian Award* – Organize a minimum of four Family Prayer Nights, one for each quarter of the year.

## Action Steps

1. Identify a program chairman to oversee all action steps and delegates tasks as needed. If coordinating with the parish, confirm pastor approval with grand knight, and then set up subsequent parish ministry collaboration meetings.
2. Before preparations begin for your Family Prayer Night Program, assess interest among your council, parish, and larger community to see which families would participate. Ask your pastor for his input and suggestions on potential host families.
3. Build public interest before each Family Prayer Night! Promote the event in your parish and larger community through a variety of efforts:
  - Prominently display promotional posters
  - Bulletin announcements
  - Pulpit announcements
  - Posting on your council and parish website/social media pages
4. The Family Prayer Night chairman should strongly consider hosting the first Prayer Night to model the proper format and launch the program.
5. Coordinate a schedule for upcoming Prayer Nights. The same day every month does not necessarily need to be used. That said, families who regularly attend may prefer a certain day of the week. Make sure that Family Prayer Nights are scheduled *three to four months in advance* so that they can be properly advertised and families can plan ahead.
6. Before each event, remind attending families that the meal at Family Prayer Night is potluck-style. Suggest that families bring a side or main dish to share, as their means allow. The Family Prayer Night chairman should work with that month's host family to coordinate the potluck, to the best of his ability.



7. A typical Family Prayer Night should ideally last between two and three hours, with guests leaving as needed. The schedule should include, but not be limited to:
  - Introductory period to meet the other families
  - Prayer in community
  - A fun activity such as a game
  - Meal and social time
  - Concluding prayer
8. On the day of the event, consider wearing Knights of Columbus-branded apparel and bring Knights of Columbus brochures and membership documents (including [Prospect Cards](#) #921A). Do not forget that this event is a recruiting opportunity!
9. To gain credit for your program, complete the associated reporting forms.
  - Immediately after each Family Prayer Night, complete the [Fraternal Programs Report Form](#) (#10784)
  - At the end of the fraternal year, complete the [Columbian Award Application](#) (#SP-7)

### Guidelines for Family Prayer Night

- **Purpose:** The purpose of Family Prayer Night is to embody the domestic church by having a fun gathering of regular people, living their faith in a casual setting. The goal is not to discuss high-level theology, but to simply enjoy family and faith.
- **Prayers:** The prayers said should be Catholic and chosen by Family Prayer Night participants. Allow prayers to be generated organically and relate to the events in the lives of those present, as opposed to following a rigid prescription for the night. If you need help getting started, consider using the resources available in the Knights of Columbus Catholic Information Service *Building the Domestic Church Series*, particularly:
  - #309 - [Prayer Time](#)
  - #319 - [A Scriptural Rosary for the Family](#)
  - #304 - [Lord, Teach Us to Pray](#)
- **Intentions:** There are many life-changing events taking place every day in the lives of our council members and parish families. This group is the perfect place to discuss and to pray for guidance on milestone events such as an upcoming wedding, anniversary or birth. It is also an opportunity to offer support in cases of illness, death or other concern.
- **Family Inclusion:** Since this is a Family Prayer Night, one of the few rules is that every family member should be able to participate, in some form. For example, praying the rosary may be a bit mature for a toddler, but he/she can drop a marble in a cup to count the prayers or place a flower in a vase for every decade. There are simple but meaningful ways to incorporate all into the prayer and joy of the night!
- **Pastor Involvement:** Invite your parish priest, but do not pressure him to preside over the evening. Allow him the opportunity to enjoy the evening as a guest, in the relaxed family atmosphere.
- **Frequency:** Family Prayer Nights are intended to be conducted regularly. In order to fulfill the requirements of the program, Family Prayer Nights should occur at least quarterly, four times during the fraternal year. Hosting more prayer nights is better and monthly Family Prayer Nights are ideal!
- **Speakers:** Consider inviting someone from the parish or council to explain their vocation/job and what brought them to that position – or a more formal Catholic presenter.

**Resources**

1. #309- [Prayer Time Booklet](#)
2. #319- [A Scriptural Rosary for the Family Booklet](#)
3. #304- [Lord, Teach Us to Pray Booklet](#)
4. #10692- [Brochure](#)
5. #10691- [Vertical Poster](#)
6. #10693- [News Release](#)

Program resources can be ordered by your grand knight, financial secretary and/or program director on Supplies Online via [Officers Online](#).

**Link**

[www.kofc.org/prayernight](http://www.kofc.org/prayernight)