

# Family Week

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## Suggested Activities

### Family Picnic

Host a potluck picnic or provide food for families to enjoy. Include fun contests like pie eating, sack race and egg toss. The possibilities are endless! Depending on the weather and time of year, you could also host a Family Dinner or Family Breakfast.

### Movie Night

Show a family-friendly film, possibly with Catholic or Christian values.

### Sporting Event

As a parish, attend a local sporting event such as a minor league baseball or hockey game.

### Rosary Program

Partner Family Week with your Rosary Program and host one of your rosary prayer services open to all families. This is a great opportunity to expose children to the importance of the rosary.

### Family Prayer Night

Partner Family Week with your Family Prayer Night and host one of your Family Prayer Nights.

### Family of the Month/Year

Partner Family Week with Family of the Month. Make an event out of your council's presentation of that month's Family of the Month winner or Family of the Year winner.

### Holy Hour

Partner Family Week with your Holy Hour and expose children to the mystery and beauty of the Blessed Sacrament.

### Sacrament of Reconciliation

This is a great opportunity to encourage parishioners to attend confession together as a family. Ask your pastor to consider making the sacrament of reconciliation available at one or more of your Family Week activities.

