



*“Our relationship with God –  
a God who, through Jesus,  
has revealed his merciful face –  
involves our giving food  
to the hungry  
and giving drink  
to the thirsty.”*

— Pope Francis

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Ready to put your  
**Faith in Action?**

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To learn more about the  
Food for Families Program, visit:

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Knights of Columbus  
**Food  
for Families**



Faith in Action

Family

# Food for Families

High unemployment rates and rising food prices have left many in our communities unable to provide nutritious meals for their families. Too many children are going to bed hungry or getting ill.

The Food for Families program is one way that the Knights of Columbus and our communities are working together to end hunger.

## Background

The Knights of Columbus launched the Food for Families program to encourage members and their communities to work together to ensure that no one goes hungry. Since the program launched in 2012, councils have donated millions of dollars and millions of pounds of food to local parish food pantries, soup kitchens and food banks throughout the United States and Canada.



## How you can help

It all starts at home. Something as simple as going through your own pantry for non-perishable food items or picking up a few things at your local grocery store will make a difference.

Contact your local Knights of Columbus council to find out more about needs in your area and how you can help through food donations and/or financial contributions.



## Put your Faith into Action!

Individuals can donate directly at [kofc.org/charities](http://kofc.org/charities). One hundred percent of your donation will help end hunger through the Knights of Columbus Food for Families Program!

*“You pray for the hungry.  
Then you feed them.  
That’s how prayer works.”*

— Pope Francis

## Did you know?

- 49 million Americans struggle to put food on the table.
- 1 in 6 children in the U.S. does not know where they will get their next meal.
- 13% of Canadians live in a state of food insecurity without reliable access to enough safe and nutritious food.
- Summer is a peak season for children to go hungry – a time when many do not have access to the good nutrition provided by school meal programs. Food banks become one of the main sources for food during these times.
- In Canada, each month more than 850,000 people turn to food banks for help and more than one-third are children and youth.

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Sources:

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