

# Knights of Columbus Unified Participation in the National Eucharistic Revival

*The Eucharist is the source and summit in the life of a Knight.  
The more we devote ourselves to the Eucharist,  
the more we will understand what it means to be a Knight.*

– Supreme Knight Patrick Kelly

The Bishops of the United States have invited all US Catholics to return to the source and summit of our faith in the celebration of the Eucharist. As Knights, we should respond to this call for a National Eucharistic Revival, which “...is a movement to restore understanding and devotion to this great mystery... by helping us renew our worship of Jesus Christ in the Eucharist” ([eucharisticrevival.org](http://eucharisticrevival.org)).

We encourage all Knights to find ways to participate in this revival – individually, as a local council, and at the state level.

Below are some of our recommendations for this year as we prepare for the National Eucharistic Congress.

## INDIVIDUAL KNIGHTS

- † **Sacrifice for Our Lord and the Revival:** Abstain from meat on Fridays as a form of penance, prayer and devotion.
- † **Pray with Our Lady:** Pray the Rosary the 12th of each month (in honor of Our Lady of Guadalupe 12/12 and Blessed McGivney’s birthday 8/12) for the success of the Revival and an increase in devotion to Christ in the Eucharist.
- † **Prepare your heart:** Arrive 10-15 minutes early to each Mass to contemplate Jesus’ gift of himself.
- † **Give thanks:** Offer 5 minutes of prayerful praise after each Mass and pray the Anima Christi.
- † **Be with Our Lord:** Spend 30 extra minutes every week outside of Mass sitting or kneeling before the Blessed Sacrament.
- † **Attend Daily Mass:** On days you cannot, make an act of Spiritual Communion.
- † **Pray for the gift of the Spirit during the National Eucharistic Procession:** Starting May 10, 2024, pray the Novena to Holy Spirit in preparation for Pentecost and start of National Eucharistic Procession (May 17th) Learn more about the National Eucharistic Procession at [www.eucharisticpilgrimage.org](http://www.eucharisticpilgrimage.org).
- † **Unite with fellow Catholics:** Register for the National Eucharistic Congress and encourage others to join you! (July 17 – 21, 2024, Indianapolis, Indiana.) Knights of Columbus members are eligible for a discounted registration by visiting [www.eucharisticcongress.org](http://www.eucharisticcongress.org) and using the discount code: **knights**.

## LOCAL COUNCILS

- † **Pray together:** Each month, invite members to pray the Rosary together on the 12th for the success of the Revival and an increase in devotion to Christ in the Eucharist.
- † **Adore and reconcile with Our Lord:** Organize the Holy Hour Program with the Sacrament of Reconciliation.
- † **Encourage parish participation:** Share the Knights of Columbus Eucharistic Revival & Eucharistic Procession materials with your pastor/chaplain and offer to assist him in promoting Adoration and coordinating a Eucharistic Procession ([www.kofc.org/eucharist](http://www.kofc.org/eucharist)).
- † **Unite at the Congress:** Talk to your pastor to see if your parish will be represented at the National Eucharistic Congress. Register as a group from your parish/council for the National Eucharistic Congress (July 17 – 21, 2024, Indianapolis, Indiana). Knights of Columbus members are eligible for a discounted registration by visiting [www.eucharisticcongress.org](http://www.eucharisticcongress.org) and using the discount code: **knights**.
- † **Revival in your Council Meeting:** Invite your council lecturer or another speaker to present on topics related to the Eucharist.

## STATE COUNCILS

- † **Promote fraternal prayer:** Send monthly reminders to pray the Rosary together on the 12th for the success of the Revival and an increase in devotion to Christ in the Eucharist.
- † **Provide encouragement:** State deputies could encourage participation in the Holy Hour program by local councils.
- † **Organize diocesan or statewide devotion:** Request, plan, and manage a diocesan or statewide Eucharistic Procession. Invite all Catholics through councils, parishes, and, when possible, diocesan offices. For Eucharistic Procession guides and resources visit [kofc.org/eucharist](http://kofc.org/eucharist)
- † **Bring the Eucharist to the Nation:** Participate in the National Eucharistic Procession by:
  - Learning more about the National Eucharistic Procession and explore resources on [www.eucharisticpilgrimage.org](http://www.eucharisticpilgrimage.org).
  - Partner with General Agents to offer assistance to dioceses as the Eucharist crosses through your state.
  - Provide maps and information about the Eucharistic Procession to local councils.
- † **Foster fraternity:** Encourage a group from each council to register for the National Eucharistic Congress (July 17 – 21, 2024, Indianapolis, Indiana). Knights of Columbus members are eligible for a discounted registration by visiting [www.eucharisticcongress.org](http://www.eucharisticcongress.org) and using the discount code: **knights**.



For more information on the Eucharistic Revival, please visit [kofc.org/eucharist](http://kofc.org/eucharist).