

Marching for Life

"We will continue to march for life until abortion is unthinkable."

— Supreme Knight Patrick Kelly

Whether you're preparing to participate in a local, regional, state, or national March for Life, your public support for the right to life plays a critical role in strengthening others in the day-to-day fight for the dignity of every human life.

Attending a march for life is more than a trip or a one-day event. A march for life is a living witness to the sacred truth that all human life has value. It's a moment that should be carefully prepared for, both practically and spiritually, and one that should be reflected on afterward.

This resource will help you prepare generally for what you will experience on a march for life as well as offer suggestions for how to continue your pro-life efforts after you march.



Finding a March for Life Near You

Pro-life marches, walks, and rallies are held every year and are organized by a variety of organizations, including Knights of Columbus councils, local dioceses, pregnancy resource centers, and pro-life organizations. To learn more about events in your area, consult your diocesan Respect Life Office, local Knights of Columbus, marchforlife.org (USA) or marchforlife.ca (Canada).

Our Trip

Departure Date/Time _____

Departure Location _____

Return Date/Time _____

To Register

Contact Person _____

Phone Number _____

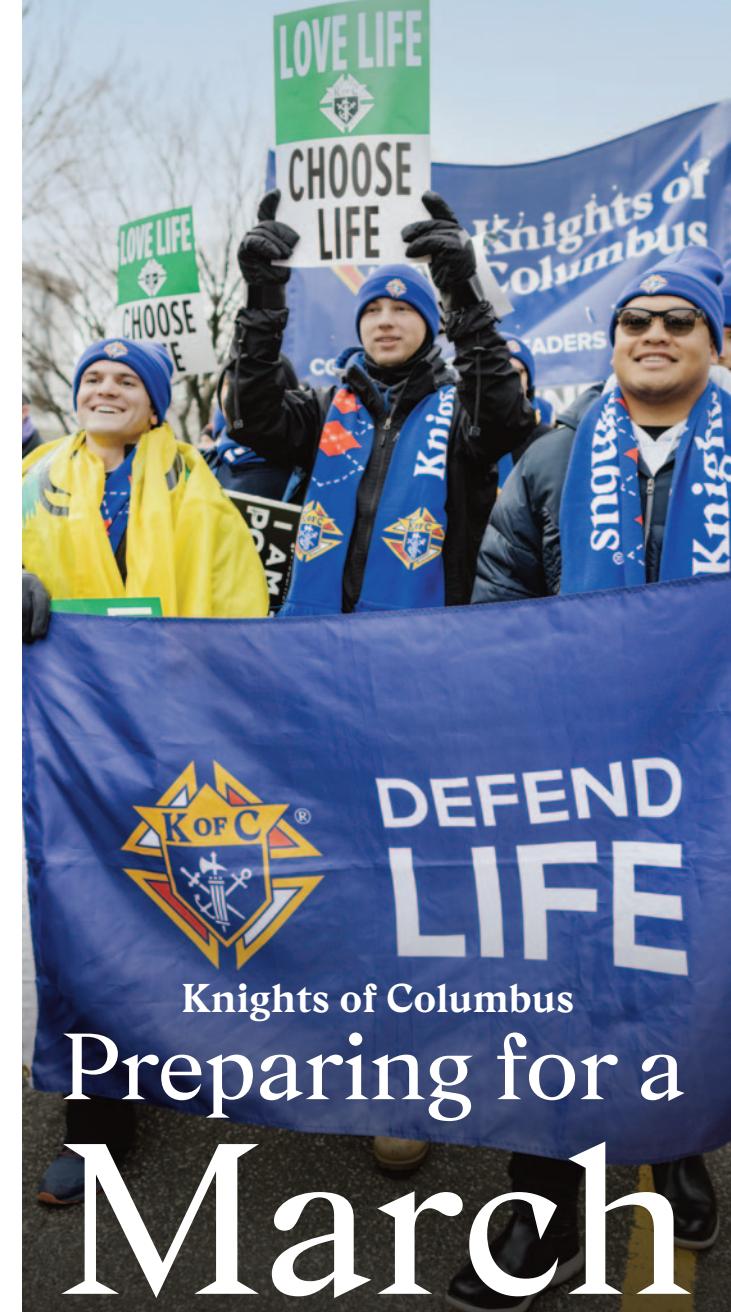
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kofc.org/march



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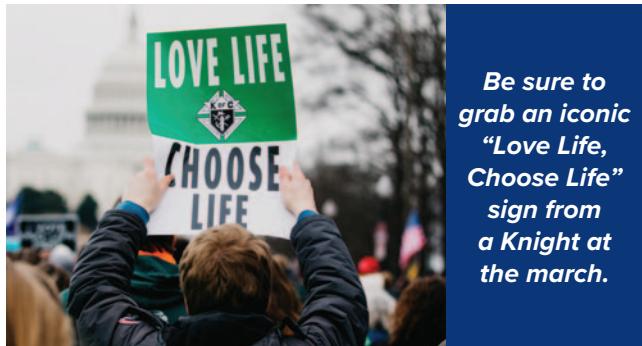


Faith in Action

Life

Leading Up to Your March for Life

The most critical steps prior to participating in a march for life are planning and confirming your details. If traveling with a group, you should be sure to submit any required paperwork and payment on time and confirm the departure date/time. If traveling by yourself, be sure to confirm the details of the march along with parking considerations (some streets near the march may be closed). You can also consider making your own pro-life signs or asking your trip's organizers if they will provide them.



Be sure to grab an iconic "Love Life, Choose Life" sign from a Knight at the march.

Marches for life typically occur on set days and will occur regardless of weather conditions. For example, the National March for Life in Washington, D.C., has been held in sunny weather in the 50s/60s as well as cold 20s/30s with snow or rain. It's important to monitor the weather leading up to the event and to pack and prepare accordingly. Additionally, because there's a lot of walking involved, comfortable shoes are essential.

Finally, as you prepare for the march for life, you should keep it in your prayers. Pray for the safety of your trip and for the people you'll march with. Pray that you can be a witness of life and for those whose hearts and minds will be transformed by your marching. Pray for pregnant women and their unborn children.

As You March

As you march, there will be many sounds of hope. Some marchers will lead cheers while others will join in song or prayer. You should participate to the extent that you are comfortable and know that this communal raising of voices is an important part of the march for life experience. Our opposition may also be present. In those cases, it is important to remain calm and avoid engaging with their rhetoric. Contact the march's organizers or marshals regarding any concerns.

Prior to marching, there is often a rally that features local or even national speakers who hope to educate and inspire others on the pro-life mission. If, for some reason, you have a hard time hearing or seeing the rally, most of these are recorded and available to watch online later.

Whether you're marching with a group or just with your immediate family, it's important to identify a meeting point following the march in case you get separated.

Note that a rally and march for life can last several hours. During this time, there may be limited access to bathroom facilities and limited food sources, so plan accordingly.



After You March

After you march, you may experience many emotions, and it may take several days or even weeks to digest them all. Chances are, you will be inspired to take on a deeper role in pro-life work. Here are some ways that you can assist:

Work with Pregnancy Resource Centers

Thousands of pro-life pregnancy centers and maternity homes now operate throughout North America. They are in constant need of financial and material support. Local Knights of Columbus councils often have a relationship with these centers, so connecting with a local K of C council is often a great first start to being more involved. To learn more, visit kofc.org/asap.



Support an Ultrasound Machine

Four of five women who view an ultrasound at a pro-life pregnancy resource choose life. Contact a local Knights of Columbus council to assist in raising funds for a life-saving ultrasound machine. Through the Order's Ultrasound Initiative, the Knights of Columbus will cover 100% of the cost. An estimated 1 million moms have viewed their unborn children with a K of C sponsored ultrasound machine thanks to the success of this program. Visit kofc.org/ultrasound to learn more.

Become a Faithful Citizen

Sign up for the Faithful Citizenship newsletter from the Knights of Columbus and receive periodic emails with news about life issues and other opportunities to speak up about religious liberty and other faith issues.



Sign Up