



Supreme Chaplain's Monthly Challenge for April 2026 Cor

Each month, Supreme Chaplain Archbishop William E. Lori selects a brief passage from the Gospel reading of one of the Sunday Masses, shares a reflection on the passage, and issues a challenge for men to live during the month and discuss afterward.

This resource can easily be used for the Formation key element of *Cor*.

GENERAL INSTRUCTIONS:

- 1) Open with the Sign of the Cross and a brief prayer.
- 2) Re-read the Supreme Chaplain's Monthly Challenge with the challenge that was lived during the previous month.
- 3) Open the floor for discussion on what it was like to try and live the previous month's challenge. Every month has a number of *Questions for Reflection* that may help facilitate discussion. Attendees who did not undertake the previous month's challenge can still participate in the discussion.
- 4) When finished with the discussion, read the Supreme Chaplain's Monthly Challenge for the next month to prepare participants for the new challenge they will strive to live.
- 5) Close by asking if there are any intentions and end with a brief prayer.

PREVIOUS MARCH 2026 MONTHLY CHALLENGE:

So Thomas, called Didymus, said to his fellow disciples, "Let us also go to die with him." (Gospel for March 22, Jn 11:16)

Look at the bravery of Thomas! Jesus had just announced his intention to travel to Judea, where he had narrowly escaped getting stoned to death. Given the potential danger ahead, Thomas seems prepared for martyrdom. Later, of course, he and the other disciples would flee as Jesus was arrested, and Thomas would doubt reports of Jesus' resurrection. As fallible humans, our strength and resolve sometimes collapse into weakness. May we always seek the courage to follow Jesus faithfully, even when the going gets tough.

Challenge by Supreme Chaplain Archbishop William E. Lori: This month, as we continue through Lent, I challenge you to pray the Stations of the Cross each week — in your parish community, with your family or individually — with the intention of receiving the courage to suffer for Christ. A good resource is the Catholic Information Service booklet *The Way of the Cross: Traditional and Modern Meditations* (kofc.org/shopcis).

Questions for Reflection: Are you a good disciple of Christ? How can being a Knight of Columbus help prepare you to take up your cross and follow him? Are you willing to suffer for your faith if called upon?

NEXT APRIL 2026 MONTHLY CHALLENGE:

Then the two recounted what had taken place on the way and how he was made known to them in the breaking of the bread. (Gospel for April 19, Lk 24:35)

The disciples on the road to Emmaus did not recognize Jesus until the breaking of the bread. Jesus promised he would be with us always, and the Eucharist is his fulfillment of that promise. We encounter his presence most profoundly in the Eucharist, where he is truly present — body, blood, soul, and divinity — under the appearance of bread and wine. The disciples' experience on the road to Emmaus was no ordinary meal, but an encounter with Christ, who invites us, too, to enter into communion with him through the Eucharist.

Challenge by Supreme Chaplain Archbishop William E. Lori: This month, I challenge you to remain in prayer and adoration for several minutes after Mass to grow in awareness of Christ's true presence in the Eucharist.

For more information on the Supreme Chaplain's Monthly Challenge visit: kofc.org/monthlychallenge