



## Supreme Chaplain's Monthly Challenge for August 2026 Cor

Each month, Supreme Chaplain Archbishop William E. Lori selects a brief passage from the Gospel reading of one of the Sunday Masses, shares a reflection on the passage, and issues a challenge for men to live during the month and discuss afterward.

This resource can easily be used for the Formation key element of *Cor*.

### GENERAL INSTRUCTIONS:

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- 1) Open with the Sign of the Cross and a brief prayer.
- 2) Re-read the Supreme Chaplain's Monthly Challenge with the challenge that was lived during the previous month.
- 3) Open the floor for discussion on what it was like to try and live the previous month's challenge. Every month has a number of *Questions for Reflection* that may help facilitate discussion. Attendees who did not undertake the previous month's challenge can still participate in the discussion.
- 4) When finished with the discussion, read the Supreme Chaplain's Monthly Challenge for the next month to prepare participants for the new challenge they will strive to live.
- 5) Close by asking if there are any intentions and end with a brief prayer.

### PREVIOUS JULY 2026 MONTHLY CHALLENGE:

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*"While everyone was asleep his enemy came and sowed weeds all through the wheat, and then went off. When the crop grew and bore fruit, the weeds appeared as well."* (Gospel for July 19, Mt 13:25-26)

In the midst of his suffering, Job asked, "Why do the wicked keep on living, grow old, become mighty in power?" (Job 21:7). It seems to human eyes an injustice: the good suffer while the evil prosper. But Jesus explains that God "makes his sun rise on the bad and the good, and causes rain to fall on the just and the unjust" (Mt 5:45). He is a patient God, and we must "consider the patience of our Lord as salvation" (2 Pt 3:15a). God is patient with sinners — including us.

**Challenge by Supreme Chaplain Archbishop William E. Lori:** This month, I challenge you to reach out to a family member or friend and invite them to go to the sacrament of penance.

**Questions for Reflection:** In what way are you like wheat, and in what ways are you like weeds? Are you envious or disturbed by those who lead unholy lives but seem to prosper? Do you find it difficult to love the "weeds" in your life, to pray for and work toward their salvation?

### NEXT AUGUST 2026 MONTHLY CHALLENGE:

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*He turned and said to Peter, "Get behind me, Satan! You are an obstacle to me. You are thinking not as God does, but as human beings do."* (Gospel for Aug. 30, Mt 16:23)

Who knows the mind of God? God is beyond human understanding, yet he has revealed himself to us most perfectly in the person of Jesus Christ. Through prayer we can come to know God more fully, and we grow in understanding of his plan when we make a habit of conforming our will to his holy will. We follow Christ in discipleship when we pray daily to the Father as he did: "Not my will but yours be done" (Lk 22:42).

**Challenge by Supreme Chaplain Archbishop William E. Lori:** This month, I challenge you to study the life and example of our founder, Blessed Michael McGivney, whose feast day is Aug. 13. Use the *Blessed Michael McGivney Cor Session Guide* (freely available at [kofc.org/shopcis](http://kofc.org/shopcis)), noting in particular how Father McGivney always sought to align his will with that of God.

*For more information on the Supreme Chaplain's Monthly Challenge visit: [kofc.org/monthlychallenge](http://kofc.org/monthlychallenge)*