



# Supreme Chaplain's Monthly Challenge for December 2026 Cor

Each month, Supreme Chaplain Archbishop William E. Lori selects a brief passage from the Gospel reading of one of the Sunday Masses, shares a reflection on the passage, and issues a challenge for men to live during the month and discuss afterward.

This resource can easily be used for the Formation key element of *Cor*.

## GENERAL INSTRUCTIONS:

- 1) Open with the Sign of the Cross and a brief prayer.
- 2) Re-read the Supreme Chaplain's Monthly Challenge with the challenge that was lived during the previous month.
- 3) Open the floor for discussion on what it was like to try and live the previous month's challenge. Every month has a number of *Questions for Reflection* that may help facilitate discussion. Attendees who did not undertake the previous month's challenge can still participate in the discussion.
- 4) When finished with the discussion, read the Supreme Chaplain's Monthly Challenge for the next month to prepare participants for the new challenge they will strive to live.
- 5) Close by asking if there are any intentions and end with a brief prayer.

## PREVIOUS NOVEMBER 2026 MONTHLY CHALLENGE:

*"He will answer them, 'Amen, I say to you, what you did not do for one of these least ones, you did not do for me.'" (Gospel for Nov. 22, Mt 25:45)*

Sin can be categorized in two ways, sins of commission and sins of omission. We ask God to forgive us of both kinds of sins in the main form of the *Confiteor* at Mass — "in what I have done, and in what I have failed to do." It is a sin to do evil, and it is a sin to neglect one's moral obligations. The true disciple sees the suffering Jesus in the poor, the sick, the oppressed and the lonely — and offers what he can to help.

**Challenge by Supreme Chaplain Archbishop William E. Lori:** This month, I challenge you to be aware of those in need around you, just as Blessed Michael McGivney did, and take action to serve those in need, perhaps by participating in your council's Knights of Columbus Coats for Kids program.

**Questions for Reflection:** Who are the "least ones" among you? Do you recognize Christ in these "least ones" in need? In what ways do you respond positively to their needs, and in what ways do you ignore or neglect them? How might you do better in this regard?

## NEXT DECEMBER 2026 MONTHLY CHALLENGE:

*But Mary said to the angel, "How can this be, since I have no relations with a man?" (Gospel for Dec. 20, Lk 1:34)*

Earlier in Luke's Gospel, when the angel appeared to Zechariah to announce that his elderly and barren wife, Elizabeth, would bear a son, Zechariah expressed disbelief — and was struck mute as a result. Mary's question here is not one of doubt; she accepts what the angel has revealed and wishes to further probe the mystery. We, too, sometimes wonder about particular aspects of our Catholic faith. Following Mary's example, it is good for us to ask questions in a spirit of trust so that we might better understand what has been revealed to us.

**Challenge by Supreme Chaplain Archbishop William E. Lori:** This month, as you ponder the mystery of the Incarnation, I challenge you to place your trust entirely in God's hands as Mary did, and pray the Angelus each day to fully submit — mind, heart and soul — to God's holy will.

*For more information on the Supreme Chaplain's Monthly Challenge visit: [kofc.org/monthlychallenge](http://kofc.org/monthlychallenge)*