



## Supreme Chaplain's Monthly Challenge for June 2026 *Cor*

Each month, Supreme Chaplain Archbishop William E. Lori selects a brief passage from the Gospel reading of one of the Sunday Masses, shares a reflection on the passage, and issues a challenge for men to live during the month and discuss afterward.

This resource can easily be used for the Formation key element of *Cor*.

### GENERAL INSTRUCTIONS:

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- 1) Open with the Sign of the Cross and a brief prayer.
- 2) Re-read the Supreme Chaplain's Monthly Challenge with the challenge that was lived during the previous month.
- 3) Open the floor for discussion on what it was like to try and live the previous month's challenge. Every month has a number of *Questions for Reflection* that may help facilitate discussion. Attendees who did not undertake the previous month's challenge can still participate in the discussion.
- 4) When finished with the discussion, read the Supreme Chaplain's Monthly Challenge for the next month to prepare participants for the new challenge they will strive to live.
- 5) Close by asking if there are any intentions and end with a brief prayer.

### PREVIOUS MAY 2026 MONTHLY CHALLENGE:

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*[Jesus] said to them again, "Peace be with you. As the Father has sent me, so I send you."* (Gospel for May 24, Jn 20:21)

Jesus sends us into the world, just as the Father sent him. Jesus had a sacred, divine mission — to proclaim the Good News of salvation and build the kingdom of God — and we are commissioned to do likewise. As his faithful disciples, we continue his saving mission on earth, consistent with our state of life. We are not just "receivers" of the Gospel; our mission is to bear witness to the Good News in word and action, living the Gospel through our example and outreach to others.

**Challenge by Supreme Chaplain Archbishop William E. Lori:** This month, I challenge you to take a few minutes each morning and prayerfully ask Jesus how you can use your gifts for his mission, and set one clear, specific resolution (large or small) for what you will do on that particular day.

**Questions for Reflection:** How seriously do you take this mission that Christ has given you? What specifically has Jesus sent you into the world to do? How can you better live out this mission in the workplace, in your family life, and through your participation in the Knights of Columbus?

### NEXT JUNE 2026 MONTHLY CHALLENGE:

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*"[W]hoever does not take up his cross and follow after me is not worthy of me."* (Gospel for June 28, Mt 10:38)

Our fallen human condition involves a measure of suffering and trials. Our commitment as disciples of Jesus, Scripture tells us, necessarily means taking up our own crosses willingly. God will grant us the strength to endure all trials if we remain faithful, and our suffering can prove redemptive if we accept it and unite it to the passion of Christ. This doesn't mean we can't take steps to alleviate our suffering, but we are called to courageously bear our crosses, even when faced with persecution, and to thereby participate in the saving work of Christ.

**Challenge by Supreme Chaplain Archbishop William E. Lori:** This month, I challenge you to pray the Divine Mercy Chaplet each day with the intention of uniting your daily sufferings with Christ's passion and in solidarity with all persecuted Christians around the world.

*For more information on the Supreme Chaplain's Monthly Challenge visit: [kofc.org/monthlychallenge](http://kofc.org/monthlychallenge)*