



Supreme Chaplain's Monthly Challenge for March 2026 Cor

Each month, Supreme Chaplain Archbishop William E. Lori selects a brief passage from the Gospel reading of one of the Sunday Masses, shares a reflection on the passage, and issues a challenge for men to live during the month and discuss afterward.

This resource can easily be used for the Formation key element of *Cor*.

GENERAL INSTRUCTIONS:

- 1) Open with the Sign of the Cross and a brief prayer.
- 2) Re-read the Supreme Chaplain's Monthly Challenge with the challenge that was lived during the previous month.
- 3) Open the floor for discussion on what it was like to try and live the previous month's challenge. Every month has a number of *Questions for Reflection* that may help facilitate discussion. Attendees who did not undertake the previous month's challenge can still participate in the discussion.
- 4) When finished with the discussion, read the Supreme Chaplain's Monthly Challenge for the next month to prepare participants for the new challenge they will strive to live.
- 5) Close by asking if there are any intentions and end with a brief prayer.

PREVIOUS FEBRUARY 2026 MONTHLY CHALLENGE:

"Blessed are you when they insult you and persecute you and utter every kind of evil against you [falsely] because of me."
(Gospel for Feb. 1, Mt 5:11)

In the next verse, Jesus continues, "Thus they persecuted the prophets who were before you" (Mt 5:12b). His words imply that his disciples are prophets in their own right, following after the prophets of old. Indeed, as his disciples, we become priests, prophets and kings by virtue of our baptism. In our prophetic role, we are called to speak God's truth even when it is unpopular in the eyes of the world.

Challenge by Supreme Chaplain Archbishop William E. Lori: This month, I challenge you to learn more about the Church's teachings on one or two contemporary issues that you are concerned about, so that you can better defend the truth when an opportunity arises. Look to the *Catechism of the Catholic Church* and booklets from the Order's Catholic Information Service (kofc.org/cis) as resources.

Questions for Reflection: Do you shy away from speaking the truth because you fear opposition or repercussions? Does your silence on issues of faith or morals sometimes give others the false impression of agreement? How do you make sure you are being respectful and charitable to others when speaking the truth?

NEXT MARCH 2026 MONTHLY CHALLENGE:

So Thomas, called Didymus, said to his fellow disciples, "Let us also go to die with him." (Gospel for March 22, Jn 11:16)

Look at the bravery of Thomas! Jesus had just announced his intention to travel to Judea, where he had narrowly escaped getting stoned to death. Given the potential danger ahead, Thomas seems prepared for martyrdom. Later, of course, he and the other disciples would flee as Jesus was arrested, and Thomas would doubt reports of Jesus' resurrection. As fallible humans, our strength and resolve sometimes collapse into weakness. May we always seek the courage to follow Jesus faithfully, even when the going gets tough.

Challenge by Supreme Chaplain Archbishop William E. Lori: This month, as we continue through Lent, I challenge you to pray the Stations of the Cross each week — in your parish community, with your family or individually — with the intention of receiving the courage to suffer for Christ. A good resource is the Catholic Information Service booklet *The Way of the Cross: Traditional and Modern Meditations* (kofc.org/shopcis).

For more information on the Supreme Chaplain's Monthly Challenge visit: kofc.org/monthlychallenge