



Supreme Chaplain's Monthly Challenge for October 2026 Cor

Each month, Supreme Chaplain Archbishop William E. Lori selects a brief passage from the Gospel reading of one of the Sunday Masses, shares a reflection on the passage, and issues a challenge for men to live during the month and discuss afterward.

This resource can easily be used for the Formation key element of *Cor*.

GENERAL INSTRUCTIONS:

- 1) Open with the Sign of the Cross and a brief prayer.
- 2) Re-read the Supreme Chaplain's Monthly Challenge with the challenge that was lived during the previous month.
- 3) Open the floor for discussion on what it was like to try and live the previous month's challenge. Every month has a number of *Questions for Reflection* that may help facilitate discussion. Attendees who did not undertake the previous month's challenge can still participate in the discussion.
- 4) When finished with the discussion, read the Supreme Chaplain's Monthly Challenge for the next month to prepare participants for the new challenge they will strive to live.
- 5) Close by asking if there are any intentions and end with a brief prayer.

PREVIOUS SEPTEMBER 2026 MONTHLY CHALLENGE:

Then Peter approaching asked him, "Lord, if my brother sins against me, how often must I forgive him? As many as seven times?" Jesus answered, "I say to you, not seven times but seventy-seven times." (Gospel for Sept. 13, Mt 18:21-22)

To forgive others can be very difficult at times, especially when someone repeatedly offends us. Jesus tells us there is no magic number that limits our obligation — our desire to forgive and show mercy to others must be boundless, just as God's mercy toward us is infinite. We pray in the Our Father, "Forgive us our trespasses *as we forgive those who trespass against us*." Our very salvation depends on our willingness to forgive, for God will forgive us in the measure that we forgive others (cf. Mt 6:14-15).

Challenge by Supreme Chaplain Archbishop William E. Lori: This month, I challenge you to make a list of the people in your life — past and present — whom you find or have found difficult to forgive, and to sincerely pray for them each day.

Questions for Reflection: Are there people in your life whom you find difficult to forgive for past offenses? Do you sometimes find yourself saying the words "I forgive you," but holding on to the hurt like a grudge? What steps can you take to move to true forgiveness?

NEXT OCTOBER 2026 MONTHLY CHALLENGE:

They replied, "Caesar's." At that he said to them, "Then repay to Caesar what belongs to Caesar and to God what belongs to God." (Gospel for Oct. 18, Mt 22:21)

The Pharisees were trying to entrap Jesus into taking sides in the dispute. Are the faithful to be good Jews or good citizens? But Jesus says there is no conflict here. One can be a solid citizen and maintain his true and proper obligations to the civil government, as long as he gives primacy to his duties to God. We should keep in mind that the Knights of Columbus was founded with the understanding that faithful Catholics are also faithful citizens.

Challenge by Supreme Chaplain Archbishop William E. Lori: This month, I challenge you to study how the Knights of Columbus, at the time of its founding and throughout its history, has combated anti-Catholic bigotry and shown there is no conflict between love of God and love of country. The book *The Knights of Columbus: An Illustrated History* (2020) is an excellent resource.

For more information on the Supreme Chaplain's Monthly Challenge visit: kofc.org/monthlychallenge