



Supreme Chaplain's Monthly Challenge for September 2026 *Cor*

Each month, Supreme Chaplain Archbishop William E. Lori selects a brief passage from the Gospel reading of one of the Sunday Masses, shares a reflection on the passage, and issues a challenge for men to live during the month and discuss afterward.

This resource can easily be used for the Formation key element of *Cor*.

GENERAL INSTRUCTIONS:

- 1) Open with the Sign of the Cross and a brief prayer.
- 2) Re-read the Supreme Chaplain's Monthly Challenge with the challenge that was lived during the previous month.
- 3) Open the floor for discussion on what it was like to try and live the previous month's challenge. Every month has a number of *Questions for Reflection* that may help facilitate discussion. Attendees who did not undertake the previous month's challenge can still participate in the discussion.
- 4) When finished with the discussion, read the Supreme Chaplain's Monthly Challenge for the next month to prepare participants for the new challenge they will strive to live.
- 5) Close by asking if there are any intentions and end with a brief prayer.

PREVIOUS AUGUST 2026 MONTHLY CHALLENGE:

He turned and said to Peter, "Get behind me, Satan! You are an obstacle to me. You are thinking not as God does, but as human beings do." (Gospel for Aug. 30, Mt 16:23)

Who knows the mind of God? God is beyond human understanding, yet he has revealed himself to us most perfectly in the person of Jesus Christ. Through prayer we can come to know God more fully, and we grow in understanding of his plan when we make a habit of conforming our will to his holy will. We follow Christ in discipleship when we pray daily to the Father as he did: "Not my will but yours be done" (Lk 22:42).

Challenge by Supreme Chaplain Archbishop William E. Lori: This month, I challenge you to study the life and example of our founder, Blessed Michael McGivney, whose feast day is Aug. 13. Use the *Blessed Michael McGivney Cor Session Guide* (freely available at kofc.org/shopcis), noting in particular how Father McGivney always sought to align his will with that of God.

Questions for Reflection: How can you strive to better understand things from God's perspective? How can you discern when your thoughts are merely human thoughts and not of God? What virtues of Blessed Michael McGivney can you imitate in order to submit yourself more fully to God's holy will?

NEXT SEPTEMBER 2026 MONTHLY CHALLENGE:

Then Peter approaching asked him, "Lord, if my brother sins against me, how often must I forgive him? As many as seven times?" Jesus answered, "I say to you, not seven times but seventy-seven times." (Gospel for Sept. 13, Mt 18:21-22)

To forgive others can be very difficult at times, especially when someone repeatedly offends us. Jesus tells us there is no magic number that limits our obligation — our desire to forgive and show mercy to others must be boundless, just as God's mercy toward us is infinite. We pray in the Our Father, "Forgive us our trespasses *as we forgive those who trespass against us*." Our very salvation depends on our willingness to forgive, for God will forgive us in the measure that we forgive others (cf. Mt 6:14-15).

Challenge by Supreme Chaplain Archbishop William E. Lori: This month, I challenge you to make a list of the people in your life — past and present — whom you find or have found difficult to forgive, and to sincerely pray for them each day.

For more information on the Supreme Chaplain's Monthly Challenge visit: kofc.org/monthlychallenge