

## Other ways you can help:

- Pray for nine months for an unborn child through a spiritual “adoption”
- Refer employment opportunities, affordable rental apartments, and opportunities for free or low-cost health care to the pregnancy center for client use
- Provide centers with funds for general expenses, purchase of a building, rental of an office, materials and labor for renovation, or for hiring or training of staff
- Provide general labor around the pregnancy care center such as lawn maintenance, cleaning, painting or other useful activities the council and members may be able to perform



- Contribute to a Baby Bottle Boomerang
- Assist and participate in a pregnancy center sponsored fundraising event
- Support a “baby shower” to collect maternity clothes and baby items (diapers, etc.) for a pregnancy center
- Each March 25th, participate in a Mass for Life on the Knights of Columbus Day of the Unborn Child

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## Ready to put *your* Faith in Action?

Join us today.

[kofc.org/join](https://kofc.org/join)

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To learn more about the  
Pregnancy Center Support Program,  
visit:

[kofc.org/support](https://kofc.org/support)

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Knights of Columbus  
**Pregnancy  
Center  
Support**



Faith in Action

Life



## Pregnancy Center Support

Change hearts and minds about abortion by showing that Catholics love both mother and child before and after birth.

Knights and their parishes can provide material, financial, labor and other support to pro-life pregnancy centers that help women during pregnancy and following the birth of their newborn children.

More than 2,500 pro-life pregnancy centers now operate throughout territories where the Knights of Columbus are active. By the very nature of its founding, the Knights of Columbus is called to care for the widow and orphan. Abortion-vulnerable unborn children and mothers experiencing unexpected pregnancies certainly fall within that mandate. With aid from Knights, pregnancy centers can offer support to help women choose life. Participants in this program can “adopt” a pregnancy center and provide material, labor, and spiritual support throughout the year.

## What is the ‘need’?

Though pregnancy centers usually offer their services for free to pregnant women, most pregnancy centers accept few, if any, government funds, relying instead on private support to keep operating and to meet the needs of the women that come to them for help. Pregnancy centers have a need not just for financial contributions, but also for many other kinds of donations, from volunteer hours and specialized labor, to material goods, services, resources and prayer support.

*“Let us respond, not like those who push away people who ask of us, as if serving the needy gets in the way of our being close to the Lord. No! We are to be like Christ, who responds to every plea for his help with love, mercy and compassion.”*

— Pope Francis

## What are pregnancy centers?

Pro-life pregnancy centers exist to provide abortion-vulnerable pregnant women with options and help them to choose life for themselves and their unborn children.

At these centers, women are usually offered a free pregnancy test and a free ultrasound. If pregnant, they may also be provided access to childbirth classes and other essential materials including maternity clothing. Throughout the pregnancy and after the birth of the child, pregnancy centers also play an important role in providing emotional and spiritual support to mothers and their families. When the baby arrives, the center may also provide diapers, baby clothes, baby furniture, parenting classes and even information on employment opportunities. Guidance through the adoption process is another important role that pregnancy centers fill.



Throughout the United States, over 2,500 pro-life pregnancy centers now outnumber abortion clinics by more than four to one. Even so, pregnancy centers do not have the same access to funding as abortion facilities.