



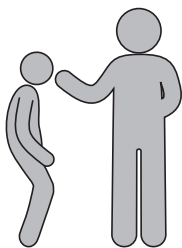
Safe Environment Quick Reference Guide



WHAT TO WATCH FOR

Boundary Violations and Inappropriate Behavior

PHYSICAL



- Touching too much, long hugs, or kissing a child
- Tickling a child, wrestling, or horseplay
- Massaging or pulling onto lap

EMOTIONAL



- Being possessive or controlling
- Treating a child like a boyfriend or girlfriend
- Being emotionally volatile with children

BEHAVIORAL



- Seeking time alone with a child or private messaging
- Using crude or inappropriate language with a child
- Encouraging a child to break the rules or keep secrets



HOW TO INTERRUPT

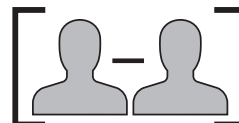
Boundary Violations and Inappropriate Behavior

BLOCK ACCESS



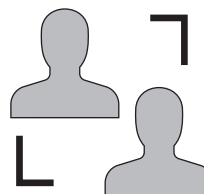
- Call the child or vulnerable person to you and others and move in between the person violating the child or vulnerable person's boundaries with inappropriate behavior; once the child and vulnerable person is back with the group, go and talk to the person violating boundaries.
- Always encourage situations where at least two adults are present.

POLITE CONFRONTATION



- Give an instruction to cease behavior with a matter-of-fact description of the inappropriate behavior; avoid saying "would you mind" or "could you".
- Don't apologize for having rules to keep children and other vulnerable persons safe.
- Remind the person of the Knights of Columbus policies for appropriate interactions and that they need to stop the inappropriate behavior.

IMPOLITE CONFRONTATION



- Give a more direct instruction to cease the behavior using fewer words.
- Use the person's name to get his or her attention; use a firm tone of voice and maintain eye contact.
- Notify diocese, if applicable, and notify Knights of Columbus Youth Protection Helpline at 1-844-563-2723.

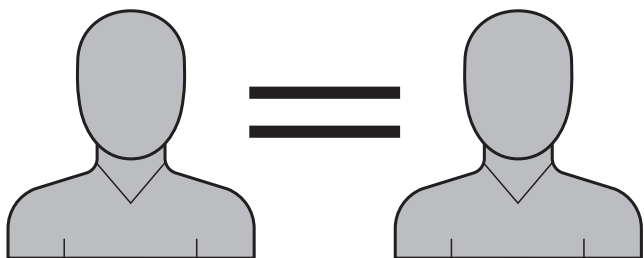


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HEALTHY RELATIONSHIPS

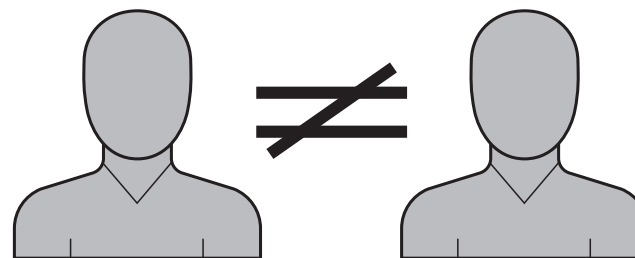
Truly healthy relationships have most, if not all, of the following characteristics. If your relationship does not have these qualities, check the section for characteristics of unhealthy relationships.



- We both like each other similarly.
- We share common interests and experiences together.
- My friend has other friends.
- My friend welcomes new friends to spend time with us.
- My friend treats other people with dignity and respect.
- I can count on my friend keep his or her word.
- My friend stands up for me.
- My friend is there for me in good times and bad.
- My friend encourages me to do the right thing.
- My friend tells the truth.
- My friend has my best interests at heart.

UNHEALTHY RELATIONSHIPS

If two statements are true, the relationship has the potential to be unhealthy. If three or more are true, the relationship has characteristics of a destructive, controlling, or unhealthy relationship.



- My friend sometimes tries to hurt me emotionally.
- My friend makes unrealistic demands on my time.
- My friend tries to control me.
- I spend time worrying about this person or my relationship.
- My friend tells me who to spend time with.
- It seems like my friend takes more than he or she gives.
- My friend has threatened me or tried to intimidate me.
- When my friend gives me a gift, he or she expects something in return.
- My friend sometimes talks behind my back.
- My friend wants me to do things that will get me in trouble.
- I feel guilty or afraid when I spend time with my friend.

